

Urbana School District #116

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Items which must be completed on physical forms

The physical exam form (also called the Certificate of Child Health Examination form) was changed because of changes in the Illinois Child Health Examination Code.

By law, health examinations for all public, private/independent and parochial school students in Illinois must include:

Physical examination which needs to include an evaluation of: height, weight, blood pressure, BMI, skin, eyes, ears, nose, throat, mouth/dental, cardiovascular, respiratory, gastrointestinal, genito-urinary, neurological, musculoskeletal, spinal examination, nutritional status, lead screening and other evaluations thought necessary by the doctor. The state strongly recommends that evaluations include hemoglobin or hematocrit, urinalysis, and sickle cell. The doctor should list any medications the child takes routinely, diet restrictions/needs, special equipment needed, or other needs and known allergies.

The medical history section must be **completely filled out and signed** by the parent or legal guardian of the student.

At or about the same time that he/she receives a health examination, every child must present proof to the school district of receiving **immunizations** against preventable communicable diseases as required by Illinois law (Section 665 of the Child Health Examination Code).

A **diabetes screening** must be done, and the doctor or health care provider must write the results of the diabetes risk assessment on the physical form.

Lead screening must be done at the health examination for children age six years or younger before they can attend preschool, nursery school, kindergarten or other child care program. If your health care provider does not do a lead screening, the school nurse can do it. Your child will have to take a blood test if you answer “Yes” or “Don’t Know” for any single question on the screening or if he/she has lived in a high risk ZIP code.

TITLE 77: PUBLIC HEALTH, CHAPTER I: DEPARTMENT OF PUBLIC HEALTH, SUBCHAPTER I: MATERNAL AND CHILD HEALTH, PART 665, CHILD HEALTH EXAMINATION CODE.