

## Behind Closed Doors: Reforms in the Treatment of the Mentally Ill

### Diary Assignment

Over the past few days, you've learned about a variety of psychological treatments that were used in the early-1900s in the nation's mental institutions to treat patients with psychological disorders, as well as the ways in which these treatments have been reformed over the last half-century. Using your knowledge of these reforms and the primary sources that you have analyzed, you will assume the role of two patients: one living in a mental institution in 1920 and one living in an institution in 1990. You will compose **two (2)** diary entries—one for each person.

In your diary entries, you must:

- Include information about what it was like to live in a mental institution at the time. Think about the design of the institutions, the treatments that patients received, and the sources that you have viewed.
- Show evidence of your knowledge of the reforms that have occurred in mental health treatment over the past 100 years.
- Be as creative as possible with your entries without fabricating conditions that did not exist or treatments that were not administered.

Each of your entries should be at least **one (1)** page in length. You may type or write your entries, but make sure that any written entries are legible.